

Please note

We will contact your GP to confirm diagnosis and provide feedback following our consultation in line with professional guidelines.

Once we receive your referral, we will check the form and place you on our waiting list. We will then send you out an appointment. Your appointment may be in person, via video consultation, or by telephone.

We would normally see you within eight weeks of referral, but at times of high demand this could be anything up to 18 weeks. However, urgent cases will be given priority so please be sure to include as much detail as possible in your referral.

Please return your completed form to:

Department of Nutrition and Dietetics, Western Isles Hospital, Macaulay Road, Stornoway, Isle of Lewis HS1 2AF. Or email: wi.dietetics@nhs.scot

Further help and information

Dietetics Department, Western Isles Hospital, MacAulay Road, Stornoway, Isle of Lewis, HS1 2AF. Telephone 01851 708279. Email: wi.dietetics@nhs.scot

We are listening - how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:

- speak to a member of staff
- visit our website www.wihb.scot.nhs.uk/feedback or share your story at: www.careopinion.org.uk or tel. 0800 122 31 35
- tel. 01851 708069 or 07814 071868 Monday-Friday between 9am-5.30pm.

Version: 3

Review Date: July 2023

Produced by: Dietetics Dept, WIH.

Disclaimer

The content of this leaflet is intended to augment, not replace, information provided by your clinician. It is not intended nor implied to be a substitute for professional medical advice. Reading this information does not create or replace a doctor-patient relationship or consultation. If required, please contact your doctor or other health care provider to assist you to interpret any of this information, or in applying the information to your individual needs.

© NHS Western Isles, 2017, 2019, 2021. All rights reserved.

Bòrd SSN nan Eilean Siar
NHS Western Isles



Department of Nutrition and Dietetics Self-Referral Form



This Self Referral form allows you to refer yourself to a dietitian without having to see your GP first. You can see a dietitian if you have any concerns about your diet or nutrition.

Please complete the form on the reverse of this sheet as fully as possible. and return it to us at the details on the back page. On receipt, we will be in touch with you to arrange an appointment.

Please note. This form is for general public self-referrals only. Health professionals should not use this form, but instead refer via SCI Gateway.

If your problem requires urgent attention, is severe or is worsening, please seek more urgent medical attention by telephoning your GP, or freephone NHS 24, tel. 111.

Name:

Date of Birth:/...../.....

Address:

.....

.....

Postcode:

Contact Numbers:

Home Work Mobile

Email:

GP Practice:

Estimated Weight:

Estimated Height:

Have you had any unintentional weight loss?

Why would you like to see a dietitian?

Please list your existing medical conditions

Empty box for listing existing medical conditions.

Please list your current medication below:

Empty box for listing current medication.

Are you seeing any other health professionals If yes, please state who Yes No

Do you have any additional support needs If yes, please state what Yes No

Do you have a disability? If yes, please state what Yes No

Do you require an interpreter? If yes, please state which language Yes No

Do you have the ability to attend an appointment by video consultation if offered? Yes No

Signature: _____ Date: _____

To be completed if different to person being referred

Are you completing this form on behalf of someone else? Yes No

Has consent been received from person being referred? Yes No

What is your relationship to person being referred?

Who is best person to contact regarding this referral?

Telephone number (if different to person being referred)